

Travel & Adult Immunizations

Are You at Risk?
Updated immunizations
keep you healthy.

Independent Nursing Care, LLC operates a Travel & Adult Immunization program. Whether you are traveling abroad for business or pleasure, heading off to college, or looking to update your adult vaccinations, Independent Nursing Care, LLC can meet your individual needs and the needs of your companies employees.

Determine your risk.

In general, the risk of becoming ill during international travel depends on the region of the world visited, as well as factors such as age, health status, length of stay and planned activities. Travelers may be at risk for infections, especially if engaging in risky recreational activities. New or emerging infectious diseases may pose a danger if a traveler is exposed.

Travelers

When traveling abroad, INC can help you plan ahead on vaccines that are recommended or required based on your travel itinerary. INC has highly trained and educated staff that evaluate your needs and administer vaccinations under the oversight of our medical director. There is also a health assessment and consultation that teaches you how to stay healthy and safe while traveling abroad.

At INC we are up-to-date on current health threats, travel advisories, and disease outbreaks publicized by the Center for Disease Control. INC is also an authorized Yellow Fever Center.

Many of the vaccinations you may receive before traveling must be administered in a two, three, or four part series. For this reason, it is important to plan your appointment within a couple months prior to traveling, to be sure that you are fully protected against diseases while away.

Adults/Non-Travelers

Routine adult immunizations are highly recommended, yet often adults overlook the importance of maintaining their immunizations. If you do not have adequate protection against diseases such as Tetanus, Diphtheria, Pertussis, Measles, Mumps, Chicken Pox, Hepatitis A, Hepatitis B, Flu, Pneumonia, and Shingles, the appropriate immunizations should be obtained whether or not travel is planned.

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Completing your circle of care

Summing it up.

Obtaining appropriate immunizations is a simple way of maintaining good health for adults and travelers. Whether you're traveling for business, pleasure or heading off to college, Independent Nursing Care, LLC can help you plan ahead with any vaccinations you may require. Independent Nursing Care, LLC offers a wide variety of vaccines to fulfill your personal needs or employment requirements. Keeping your immunizations updated will help keep you healthy.

Independent Nursing Care, LLC is available to come to your facility to offer one-on-one travel consultations and administer immunizations, or your employees may choose to come to our office. Consultations are completely confidential. Our professional nursing staff administers all immunizations under the direction of our company Medical Director. Travelers will receive the CDC International Certificate of Immunizations and Prophylaxis, which is required for entry into certain countries.

INC is a member of the International Society of Travel Medicine.

Our immunizations include:

Chicken Pox	Pneumococcal
Hepatitis A	Polio (IPV)
Hepatitis B	Rabies
Hepatitis A/B Combination	Shingles
HPV	Tuberculosis Skin test
Influenza	Tetanus, Diphtheria (Td)
Japanese Encephalitis	Tetanus, Diphtheria, Pertussis (Tdap)
Malaria (Prophylaxis)	Typhoid
Measles, Mumps, Rubella (MMR)	Yellow Fever
Meningococcal	



**Please call Independent Nursing Care to
schedule an Immunization Clinic
at your worksite or to schedule an
appointment at our office.**

phone: 716.655.8776 toll free: 1.888.264.5854

www.INCnursing.com

**INDEPENDENT
NURSING CARE**

Completing your circle of care